

SASF NATIONAL SCALE AWARDS 2026

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SCALES LIST

FIRST DIVISION – VIOLIN

Undergraduate (18–22 yrs)

Tempo = 80 – 100 BPM

1. A Major – 3 octaves
 - Ascend on a single down-bow
 - Descend on a single up-bow
 2. A Major Arpeggio – 3 octaves
 - Ascend on a single down-bow
 - Descend on a single up-bow
 3. D $\flat$ Major – 3 octaves
 - Separate bows, *martelé*
 4. B $\flat$ Major in Thirds – 2 octaves
 - Separate bows, *tenuto*
 5. D Harmonic Minor – 3 octaves
 - Separate bows, *leggiero*
 6. B Melodic Minor in Rhythms – 3 octaves
 - Bowings provided
 7. B Diminished Seventh – 3 octaves
 - Slurred bows, four notes to a bow
 8. Chromatic Scale on C – 3 octaves
 - Separate bows
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SECOND DIVISION – VIOLIN

SASF NATIONAL SCALE AWARDS 2026

(Grades 10–12)

Tempo = 60 – 90 BPM

1. G Major – 3 octaves
 - Slurred bows, eight notes per bow
2. G Major Arpeggio – 3 octaves
 - Slurred bows, three notes per bow
3. B $\flat$ Major – 3 octaves
 - Separate bows, *martelé*
4. G Major in Thirds – 1 octave
 - Separate bows, *tenuto*
5. E Harmonic Minor – 2 octaves
 - Separate bows, *leggiero*
6. D Melodic Minor in Rhythms – 2 octaves
 - Bowings provided
7. G Diminished Seventh – 2 octaves
 - Slurred bows, four notes per bow
8. Chromatic Scale on G – 2 octaves
 - Separate bows

THIRD DIVISION – VIOLIN

(Grade 9 & Under)

Tempo = 40 – 60 BPM

1. D Major – 2 octaves
 - Separate bows, *martelé*
2. D Major Arpeggio – 2 octaves
 - Slurred bows, three notes per bow
3. B $\flat$ Major – 2 octaves

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- Slurred bows, four notes per bow
 - 4. D Major in Broken Thirds – 1 octave
 - Separate bows, *tenuto*
 - 5. A Harmonic Minor – 2 octaves
 - Separate bows, *leggiero*
 - 6. G Melodic Minor in Rhythms – 2 octaves
 - Bowings provided
 - 7. G Diminished Seventh – 1 octave
 - Slurred bows, two notes to a bow
 - 8. Chromatic Scale on G – 1 octave
 - Separate bows
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FIRST DIVISION – VIOLA

Undergraduate (18–22 yrs)

Tempo = 80 – 100 BPM

- 1. D Major – 3 octaves
 - Ascend on a single down-bow
 - Descend on a single up-bow
- 2. D Major Arpeggio – 3 octaves
 - Ascend on a single down-bow
 - Descend on a single up-bow
- 3. G $\flat$ Major – 3 octaves
 - Separate bows, *martelé*
- 4. E $\flat$ Major in Thirds – 2 octaves
 - Separate bows, *tenuto*
- 5. G Harmonic Minor – 3 octaves
 - Separate bows, *leggiero*

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6. E Melodic Minor in Rhythms – 3 octaves
 - Bowings provided
 7. E Diminished Seventh – 3 octaves
 - Slurred bows, four notes to a bow
 8. Chromatic Scale on F – 3 octaves
 - Separate bows
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SECOND DIVISION – VIOLA

(Grades 10–12)

Tempo = 60 – 90 BPM

1. C Major – 3 octaves
 - Slurred bows, eight notes per bow
 2. C Major Arpeggio – 3 octaves
 - Slurred bows, three notes per bow
 3. E $\flat$ Major – 3 octaves
 - Separate bows, *martelé*
 4. C Major in Thirds – 1 octave
 - Separate bows, *tenuto*
 5. A Harmonic Minor – 2 octaves
 - Separate bows, *leggiero*
 6. G Melodic Minor in Rhythms – 2 octaves
 - Bowings provided
 7. C Diminished Seventh – 2 octaves
 - Slurred bows, four notes per bow
 8. Chromatic Scale on C – 2 octaves
 - Separate bows
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SASF NATIONAL SCALE AWARDS 2026

THIRD DIVISION – VIOLA

(Grade 9 & Under)

Tempo = 40 –60 BPM

1. G Major – 2 octaves
 - Separate bows, *martelé*
2. G Major Arpeggio – 2 octaves
 - Slurred bows, three notes per bow
3. E $\flat$ Major – 2 octaves
 - Slurred bows, four notes per bow
4. G Major in Broken Thirds – 1 octave
 - Separate bows, *tenuto*
5. D Harmonic Minor – 2 octaves
 - Separate bows, *leggiero*
6. C Melodic Minor in Rhythms – 2 octaves
 - Bowings provided
7. C Diminished Seventh – 1 octave
 - Slurred bows, two notes to a bow
8. Chromatic Scale on C – 1 octave
 - Separate bows

FIRST DIVISION – VIOLONCELLO

Undergraduate (18–22 yrs)

Tempo = 80 – 100 BPM

1. D Major – 3 octaves
 - Ascend on a single down-bow
 - Descend on a single up-bow

SASF NATIONAL SCALE AWARDS 2026

2. D Major Arpeggio – 3 octaves
 - Ascend on a single down-bow
 - Descend on a single up-bow
3. G $\flat$ Major – 3 octaves
 - Separate bows, *martelé*
4. E $\flat$ Major in Thirds – 2 octaves
 - Separate bows, *tenuto*
5. G Harmonic Minor – 3 octaves
 - Separate bows, *leggiero*
6. E Melodic Minor in Rhythms – 3 octaves
 - Bowings provided
7. E Diminished Seventh – 3 octaves
 - Slurred bows, four notes to a bow
8. Chromatic Scale on F – 3 octaves
 - Separate bows

SECOND DIVISION – VIOLONCELLO

(Grades 10–12)

Tempo = 60 – 90 BPM

1. C Major – 3 octaves
 - Slurred bows, eight notes per bow
2. C Major Arpeggio – 3 octaves
 - Slurred bows, three notes per bow
3. E $\flat$ Major – 3 octaves
 - Separate bows, *martelé*
4. C Major in Thirds – 1 octave

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- Separate bows, *tenuto*
- 5. A Harmonic Minor – 2 octaves
 - Separate bows, *leggiero*
- 6. G Melodic Minor in Rhythms – 2 octaves
 - Bowings provided
- 7. C Diminished Seventh – 2 octaves
 - Slurred bows, four notes per bow
- 8. Chromatic Scale on C – 2 octaves
 - Separate bows

THIRD DIVISION – VIOLONCELLO

(Grade 9 & Under)

Tempo = 40 – 60 BPM

- 1. G Major – 2 octaves
 - Separate bows, *martelé*
- 2. G Major Arpeggio – 2 octaves
 - Slurred bows, three notes per bow
- 3. E $\flat$ Major – 2 octaves
 - Slurred bows, four notes per bow
- 4. C Major in Broken Thirds – 1 octave
 - Separate bows, *tenuto*
- 5. D Harmonic Minor – 2 octaves
 - Separate bows, *leggiero*
- 6. C Melodic Minor in Rhythms – 2 octaves
 - Bowings provided
- 7. C Diminished Seventh – 1 octave
 - Slurred bows, two notes to a bow

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8. Chromatic Scale on C – 1 octave

- Separate bows

FIRST DIVISION – DOUBLE BASS

Undergraduate (18–22 yrs)

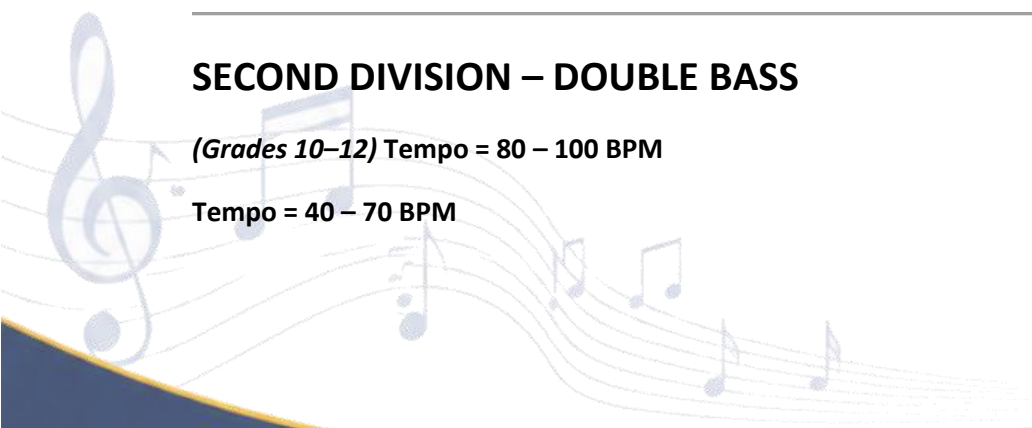
Tempo = 60 – 90 BPM

1. G Major – 3 octaves
 - Separate bows, *martelé*
2. G Major Arpeggio – 3 octaves
 - Slurred bows, three notes per bow
3. B $\flat$ Major – 2 octaves
 - Slurred bows, four notes to a bow
4. F Major in Thirds – 1 octave
 - Separate bows, *tenuto*
5. B Harmonic Minor – 2 octaves
 - Separate bows, *leggiero*
6. A Melodic Minor in Rhythms – 2 octaves
 - Bowings provided
7. E Diminished Seventh – 2 octaves
 - Slurred notes, four notes per bow
8. Chromatic Scale on G – 2 octaves
 - Separate bows

SECOND DIVISION – DOUBLE BASS

(Grades 10–12) **Tempo = 80 – 100 BPM**

Tempo = 40 – 70 BPM



SASF NATIONAL SCALE AWARDS 2026

1. A Major – 2 octaves
 - Separate bows, *martelé*
 2. A Major Arpeggio – 2 octaves
 - Slurred bows, three notes per bow
 3. B $\flat$ Major – 2 octaves
 - Slurred bows, four notes per bow
 4. F Major in Broken Thirds – 1 octave (second octave)
 - Separate bows, *tenuto*
 5. G Harmonic Minor – 2 octaves
 - Separate bows, *leggiero*
 6. E Melodic Minor in Rhythms – 2 octaves
 - Bowings provided
 7. E Diminished Seventh – 1 octave
 - Slurred bows, two notes per bow
 8. Chromatic Scale on G – 1 octave
 - Separate bows
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THIRD DIVISION – DOUBLE BASS

(Grade 9 & Under)

Tempo = 30 – 60 BPM

1. G Major – 2 octaves
 - Separate bows, *martelé*
2. G Major Arpeggio – 2 octaves
 - Separate bows, *legato*
3. B $\flat$ Major – 1 octave
 - Slurred bows, two notes per bow
4. F Major in Broken Thirds – 1 octave (bottom octave)

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- Separate bows, *tenuto*
- 5. A Harmonic Minor – to the 12th step
 - Separate bows, *leggiero*
- 6. G Melodic Minor in Rhythms – to the 12th step
 - Bowings provided
- 7. E Diminished Seventh – 1 octave (bottom octave)
 - Slurred bows, two notes per bow
- 8. Chromatic Scale on G – 1 octave
 - Separate bows

CREATIVITY ELEMENT

C Major

Anything goes — showcase your creativity.